

DAY HOSPITAL PROGRAM WEEKLY SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:30-9:15	Medication Management & Education 8:30-9:15	Medication Management & Education 8:30-9:15	Medication Management & Education 8:30-9:15	Medication Management & Education 8:30-9:15	Medication Management & Education 8:30-9:15
9:15	Break	Break	Break	Break	Break
9:30-10:15	Process Group 9:30-10:15	Process Group 9:30-10:15	Process Group 9:30-10:15	Process Group 9:30-10:15	Process Group 9:30-10:15
10:15	Break	Break	Break	Break	Break
10:30-11:30	Cognitive Behavioral Therapy 10:30-11:30	Cognitive Behavioral Therapy 10:30-11:30	Cognitive Behavioral Therapy 10:30-11:30	Cognitive Behavioral Therapy 10:30-11:30	Cognitive Behavioral Therapy 10:30-11:30
11:30	Lunch	Lunch	Community Outing Preparation 11:30-11:45 Support Group Meeting Preparation & Lunch 11:45-12:15	Lunch	Lunch
12:00-12:45	Interpersonal Therapy 12:00-12:45	Interpersonal Therapy 12:00-12:45		Family & Friend Support Group Meeting 12:00-12:45	Interpersonal Therapy 12:00-12:45
12:45	Break	Break	Community Outing or Relaxation Clinic 12:15-1:45	Break	Break
1:00-1:45	Life Balance Therapy 1:00-1:45	Life Balance Therapy 1:00-1:45		Life Balance Therapy 1:00-1:45	Life Balance Therapy 1:00-1:45
1:45	Break	Break	Break	Break	Break
2:00-2:30	Wrap Up Group 2:00-2:30	Wrap Up Group 2:00-2:30	Wrap Up Group 2:00-2:30	Wrap Up Group 2:00-2:30	Wrap Up Group 2:00-2:30