

## Equipment That Can Help

These products will help improve your ability to perform activities of daily living safely with less risk for falls. The choice of product is dependent on your needs:

### Walking and mobility devices

- Front-wheeled walker (mandatory after total joint replacement).
- Cane.

### Assistive devices for activities of daily living

- Sock aid.
- Long-handled shoe horn.
- Dressing stick.
- Long-handled shower sponge.
- Reacher.

## Resources for commonly used equipment items

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- Bridge Ministries' Meyer Medical Equipment Center loans certain equipment to individuals for a small donation. Please contact them to learn more:
  - Phone: 425.885.1006
  - Website: [bridgemin.org](http://bridgemin.org)
- Local senior centers.
- Churches.
- Garage sales.
- Medical supply stores.
- Online retailers.

Questions? Contact the Total Joint Replacement Helpline at 425.688.5591. Please allow 1-2 business days for a return call.