

# OVERVIEW

A newsletter for friends of the Overlake Medical Center Foundation

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## Upcoming Events

Bandage Ball - April 21  
Visit [bandageball.org](http://bandageball.org) for details!

Fashions from the Heart Luncheon & Fashion Show May 22  
Learn more at [overlakehospital.org/ffth](http://overlakehospital.org/ffth)

## EXPEDITION!

You've seen operating rooms on TV, but have you ever wondered what a real one looks like? The Foundation has teamed up with Overlake cardiac surgeons to offer Heart Operating Room Expeditions—physician-led tours through a fascinating part of the hospital you wouldn't normally get to see.

Project FutureCare, a \$250 million campus renewal currently underway, will add two new state-of-the-art operating rooms. On the Expeditions, guests get an up-close look at our existing facilities and lifesaving work while learning how the project will make heart care on the Eastside even better.



Visitors suit up in sterile gear before entering the operating room. From left: Mike Jiang, Molly Stearns, Barbara Morgan, Lee Keller, Najma Lalji, Dan Staber, Firoz Lalji, Stephanie Stewart.

"It was eye-opening to visit the cardiac operating room," says Barbara Morgan about a recent Expedition. "My husband received the gift of life there three years ago. The choreography it takes to perform heart surgery is breathtaking. We are so blessed to have Overlake in our community."



Expeditions to the heart ORs and other parts of Project FutureCare—such as the new Childbirth Center—will be ongoing until the project is completed in 2022. Stay turned for your opportunity to participate.

*Dr. Ron Aviles, left, demonstrates some of the advanced technology that is critical to the success of heart surgeries for Expeditioners Chuck Nordhoff, Bob Ash, and Clodagh Ash.*

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**Thanks for Your Support!**

If you would like to opt out from receiving any future solicitations from Overlake Medical Center Foundation, please call 425-688-5525 or email [solicitationopt-out@overlakehospital.org](mailto:solicitationopt-out@overlakehospital.org).

## Your Donations and the New Tax Law

By Kathy Henningsen, CFP, CDFA

Like many of my clients, you may be wondering how the new tax law will affect your charitable giving. Will you still get a tax write off? Well, it depends.

The standard individual deduction is now \$12,000 per year (\$24,000 for a couple). If your itemized deductions, including charitable contributions, do not exceed that amount, you lose the tax benefit of your charitable deduction in that year.

If you're interested in both supporting your cause and maximizing tax benefits you may want to consider "batching" contributions. For example, if your annual donations in any year aren't enough to surpass the standard deduction, they may want donate a greater amount every other year to surpass the standard deduction and qualify for a tax write-off.

**If your itemized deductions exceed the standard deduction, you will continue to enjoy the tax benefits of donating. And the new law makes no changes to the tax advantages of giving appreciated stock, charitable gift annuities, your annual IRA Required Minimum Distribution (up to \$100,000 per year) as well as other tax-qualified deferred gifts.**

Most of us don't make donations just for the tax write-off, but it's a welcome benefit. Given the tax law changes, a visit with your adviser to update your charitable giving strategy may be a good idea.

OVERLAKE MEDICAL CENTER  
**BANDAGE BALL**  
HYATT REGENCY BELLEVUE  
**SATURDAY, APRIL 21, 2018**  
Funds raised will support Overlake's Emergency Services  
**BANDAGEBALL.ORG**

PRESENTING SPONSORS



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Sheryl Jordan with grandson Enda.

## Donor Spotlight

When Sheryl Jordan's daughter Sarah was seven months into her difficult pregnancy, the impending pre-term birth caused her doctor to recommend she travel from her Edmonds home to Overlake, which she said would be the best place for Sarah and the baby. The baby boy was a tiny 2 pounds, 14 ounces, but healthy. Enda (Irish for "little bird") spent the next five weeks in Overlake's

Neonatal Intensive Care Unit (NICU), gaining weight and getting stronger.

"The nurses were fantastic," Sheryl recalls. "Very professional, helpful, and always willing to answer questions. If Sarah was worried about anything, they would discuss it with her. I can't say enough about the nurses!" Sheryl's family also appreciated the ability to stay overnight in Enda's room. They took turns watching over him.

Enda, now an energetic toddler, has flourished since his NICU days. Sheryl was so grateful for the care he and Sarah received that she wanted to do something to give back. She enjoyed crocheting baby booties for new arrivals, so she decided to "ramp it up and see if I could sell them!"

An industry was born. Through word-of-mouth and from the booths of local craft fairs, Sheryl sells the booties as well as stuffed toys made by another daughter—Enda's aunt. Proceeds—about \$1,000 per year—are earmarked for Overlake's NICU.

And they're not done yet. Sheryl says she is branching out into stocking caps, toddler-sized footwear, and children's handbags. "I'm retired, so I have time," she says. "And I'm so grateful to the nurses and doctors in the NICU. It takes special people to do that."



Tiny Enda weighed less than 3 pounds at birth.

With the generous help of donors like Sheryl, the Overlake NICU will care for tiny, fragile newcomers well into the future.

## We Get Mail!

A small sampling of what your support has accomplished:

*"My husband checked into South 429, where we met the most incredible people. We stayed a week at your hospital and at times I felt total despair, but the staff were amazing. When they say there are angels among us, you must have a good deal of them on staff. I am forever grateful."*

*"I experienced tingling, numbness and dizziness that brought me to your ER. I thought I was having a heart attack. From the time we pulled up to the Emergency entrance to my discharge the following day, I received exceptional treatment from the staff at Overlake. I ended up staying overnight, and everyone made sure my wife and I were comfortable. Everyone explained in detail what was going to happen and what I should expect. Overlake's reputation as a premier hospital in the area is indeed well deserved."*





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FOUNDATION

## Double Your Impact!

Great things happen when you make a gift to Overlake. And if your employer offers a matching gifts program, those great things multiply.

A gift of \$1,000 becomes \$2,000 when your employer matches it. That could provide lenses for six patients to receive the cataract surgery they need to see more clearly.

Your \$500 contribution becomes \$1,000 with an employer match. Seven new wheelchairs to help patients get around the hospital could be purchased.

If you make a gift of \$250 and your employer matches it, the resulting \$500 could buy a two month supply of "premie" diapers for the tiny babies in our Neonatal Intensive Care Unit (NICU).

Does your employer offer matching gifts? Please visit [overlakehospital.org/matching-gifts](https://overlakehospital.org/matching-gifts) to find out and start the process!



## Thanks for Your Support