

Thank you for supporting outstanding healthcare! With your generous donations, you have helped ensure that everyone in our community has access to primary physicians, specialists and lifesaving emergency care. Every day, around the clock, Overlake is here to care for you, your family and your neighbors. As we embark on our new fiscal year, I'd like to tell you about a few of the programs and services you made possible.

### State-of-the-Science Heart Operating Rooms

Overlake is the only provider of heart surgery on the Eastside. **With your help, we are making our heart program even stronger by building two new heart operating rooms and remodeling an existing room to better accommodate the large teams and advanced equipment now used in heart surgery.**

The Bob and Patty Edwards Cardiac and Vascular Operating Suite, opening this fall, includes a cardiovascular operating room that will facilitate lifesaving heart and lung procedures, and a hybrid room, which is optimized for the newest minimally invasive surgeries. These techniques have revolutionized the treatment of some heart conditions, producing better outcomes and much shorter recovery times. If you come to Overlake for heart surgery, we want you out of the hospital and back to living your life as quickly as possible. Your contributions mean we can help more patients do just that.



*Dr. Ron Aviles (center) leads a tour of the hybrid operating room, due to open this fall.*

### Financial Assistance and Support for Patients in Need

For people who are uninsured or facing high deductibles, medical care can seem like an overwhelming expense. Some even skip necessary care as a result. Overlake offers financial assistance to those in need. **Your support helped provide over \$16 million in free or reduced-price care to qualifying low-income patients in the last year. Nearly 5,000 medical bills were waived or reduced.**

Because what happens outside the hospital impacts health and healing, our team also provides other forms of assistance. A small clothing bank ensures that patients being seen in our emergency department leave with appropriate, warm clothes.

Our social workers work with nursing facilities, shelters, and other organizations to ensure that each patient has a place to go when they leave the hospital. Recently, Overlake arranged for a homeless woman and her daughter to stay in a hotel for a few weeks after she had heart surgery so she would have a safe place to recover. Healthcare is about more than medical treatment, and your contributions help keep everyone in our community well.



## Empowering Moms in Labor

Nothing is more exciting, terrifying, stressful, and joyful than giving birth. And when you are the mom, you want it to be the experience you've been dreaming about, to the extent that it is possible. Overlake is partnering with Ariadne Labs on the Team Birth Project, an innovative program focused on empowering mothers and using collaborative teamwork to achieve better outcomes for moms and babies.



The key to the program is the "labor and birth planning board," a whiteboard that faces the laboring mother and is used by every member of the team to document preferences, plans, and progress. It serves as a tool that keeps the patient, the family, and the care team on the same page. **The ultimate goal: a safe, supportive and empowering birth. Your contributions have made this innovative 18-month research project possible.**

## Mental Health Education for the Community

Mental health concerns continue to be predominant issues for the Eastside and elsewhere. With your support, Overlake has extended its service to the community beyond medical treatment to outreach and education for all. In May, 2019, Overlake hosted its first annual Mental Health Conference. About 100 attendees heard from eight presenters on topics including suicide prevention, substance abuse, eating disorders, and others. Local organizations hosted tables with additional information and materials. **The conference, which was provided free of charge, earned rave reviews and will be back with even more content next year.**



*Catherine Krause, a volunteer with the American Foundation for Suicide Prevention, presents an evidence-based suicide prevention program to conference attendees.*

## New Childbirth Center Opening in 2020

Overlake's Childbirth Center will move into a beautiful new facility, currently under construction, in late 2020. With larger rooms that accommodate family members, a homelike environment, additional rooms for emergencies, a dedicated space for moms on medically supervised bed rest, and additional rooms for babies needing extra care, **the only thing that will be the same is the outstanding care that Overlake provides for moms, babies and families.**

Your support and generosity this year played a part in every life saved, every baby born and all the peace of mind that comes from having a world-class hospital nearby and ready to serve, 24/7. We are so grateful.

Warmly,

Molly Stearns  
Chief Development Officer