

Survivorship Event

Overlake Cancer Center

Thursday, March 21 | 10 a.m. – 1:30 p.m.

Overlake Cancer Center
1135 116th Ave. NE, Suite 200 Bellevue Washington

Survivorship Visits

Speakers

Refreshments

Information Tables

Speaker Schedule

10:00 – 10:20	Cancer Related Fatigue and Exercise Tove Sorensen, PT, CLT
10:30 – 10:50	Strategies For Self-Care Meghan Wilkins Melanson, LMHC
11:00 – 11:20	The Wheel Of Wellness: Healthy Emotional Coping Strategies Sarah Matthews MSW, LSWAIC
11:30 – 12:00	Break – Refreshments
12:00 – 12:20	Healthy Eating Melicent Smith MS, RDN, CSO
12:30 – 12:50	Care That Doesn't Quit: Living Well After Cancer Michelle Whitney ARPN ACHPN, Palliative Care Nurse Practitioner
1:00 – 1:20	Confidence, Connection, And Collaboration: Elevating Conversations In Our Care Karen Knops, MD