

# Weight Loss Surgery

## SUPPORT GROUP

Our support group meetings are moderated by healthcare professionals and are an excellent resource for information. You'll find people who have similar wellness goals, who want to celebrate your successes and who support you in challenging times.



### 2020 SCHEDULE

Jan. 16 at 6 p.m.

Feb. 8 at 10 a.m.

Feb. 20 at 6 p.m.

Mar. 7 at 10 a.m.

Mar. 19 at 6 p.m.

Apr. 4 at 10 a.m.

Apr. 23 at 6 p.m.

May 2 at 10 a.m.

May 21 at 6 p.m.

Jun. 6 at 10 a.m.

Jun. 18 at 6 p.m.

Jul. 9 at 6 p.m.

Jul. 25 at 10 a.m.

Aug. 6 at 6 p.m.

Aug. 22 at 10 a.m.

Sept. 3 at 6 p.m.

Sept. 19 at 10 a.m.

Oct. 3 at 10 a.m.

Oct. 15 at 6 p.m.

Nov. 7 at 10 a.m.

Nov. 19 at 6 p.m.

Dec. 5 at 10 a.m.

Dec. 17 at 6 p.m.



PACCAR Education Center • Insight Conference Room • 1035 116<sup>TH</sup> Ave NE, Bellevue, WA