

Going Home With a Continuous Nerve Block

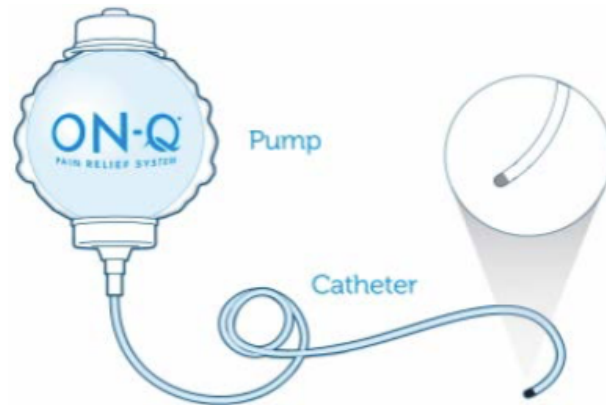
What to Expect For Pain Relief After Surgery

During your *continuous block procedure*, a small plastic tube (*catheter*) will be placed. The catheter is placed close to the nerves that control feeling and movement to a targeted site. A small disposable device pumps numbing medicine through the catheter over time to control your pain.

When should I call right away?

If any of the following occur, clamp the tubing to stop the infusion

- [REDACTED]
- [REDACTED]
- [REDACTED]
- [REDACTED]
- [REDACTED]
- [REDACTED]
- [REDACTED]
- [REDACTED]
- [REDACTED] [REDACTED] [REDACTED]
[REDACTED]



ON-Q nerve block pump and catheter.



An empty pump.

Any Questions or Concerns?

Your questions are important. Call your doctor or healthcare provider if you have questions about your catheter or pump.

- ON-Q 24-hr product support hotline **800.444.2728**.
- Matrix Anesthesiology Hotline **425.646.5825**.

Caring for your nerve catheter

- **Avoid** pulling, kinking or pinching the catheter or tubing
- There may be some leakage of clear or pink fluid at the catheter site or around the bandage — **this is normal**. You may reinforce with additional first-aid tape. **DO NOT** try to pull off or replace the dressing.
- Keep the catheter insertion side and bandage dry.

Caring for your body

- **Always** protect your numb body part. Be careful with hot, cold, hard or sharp surface. Be especially careful of ice or heat packs.
- Try to avoid putting too much pressure on the numb body part.
- Follow your doctor's instructions about positioning and activity.
- For **Knee Surgery - Always** have someone help you when you stand or walk. Wait until you have regained full feeling and strength when therapy has stopped before attempting to walk or stand by yourself.

Removing the nerve catheter

Removing the catheter should be very easy and painless. When the pump is empty and normal sensation has returned:

- Take off the dressing over the catheter. Do **NOT** use scissors.
- Firmly grasp the catheter near where it exits the skin. Then pull steadily and gently until the catheter slides completely out. If there is any sudden, sharp pain when you begin to pull, **STOP**. Call us for further instructions.
- The end of the plastic tubing should have a black mark on the tip. If it does not, please call us (see phone numbers on the left).
- Place the catheter, plastic tubing and pump in the trash.
- You may place a bandage over the spot where the catheter was.

For a video on how to remove the catheter, please visit www.myon-q.com/faqs.aspx.