

2018 | Annual Report to the Community

Great Healthcare Begins With You

For nearly 60 years, caring community members like you have promoted the health and well-being of the Eastside and beyond with your philanthropic support. Your contributions bring world-class medicine, from primary-care visits to lifesaving surgeries, to your loved ones, friends and neighbors. Your generosity has made some great things happen.

The Future Is Now

Project FutureCare, our \$250 million campus renewal, supported by a \$50 million fundraising campaign, is well on its way to transforming Overlake. The project replaces an aging building with a state-of-the-art facility that will extend and support our world-class care. New operating rooms will increase the number of heart patients we can care for. The Childbirth Center in the new building will include beautiful rooms with space to

welcome family members and a host of upgraded features. And an expanded mental health unit will make care more accessible for patients who come to us with mental health as well as medical challenges.

In 2018, the first phase of Project FutureCare began by building a hybrid operating room, optimized for minimally invasive heart surgeries and vascular procedures, and a

new cardiovascular operating room. The new operating suite will bring Overlake's capacity for heart surgeries to 1,000 annually and will open in the summer of 2019. The new building, which will house the Childbirth Center as well as heart, cancer and orthopedic patients, is also under construction and slated to open in 2020. Thank you.

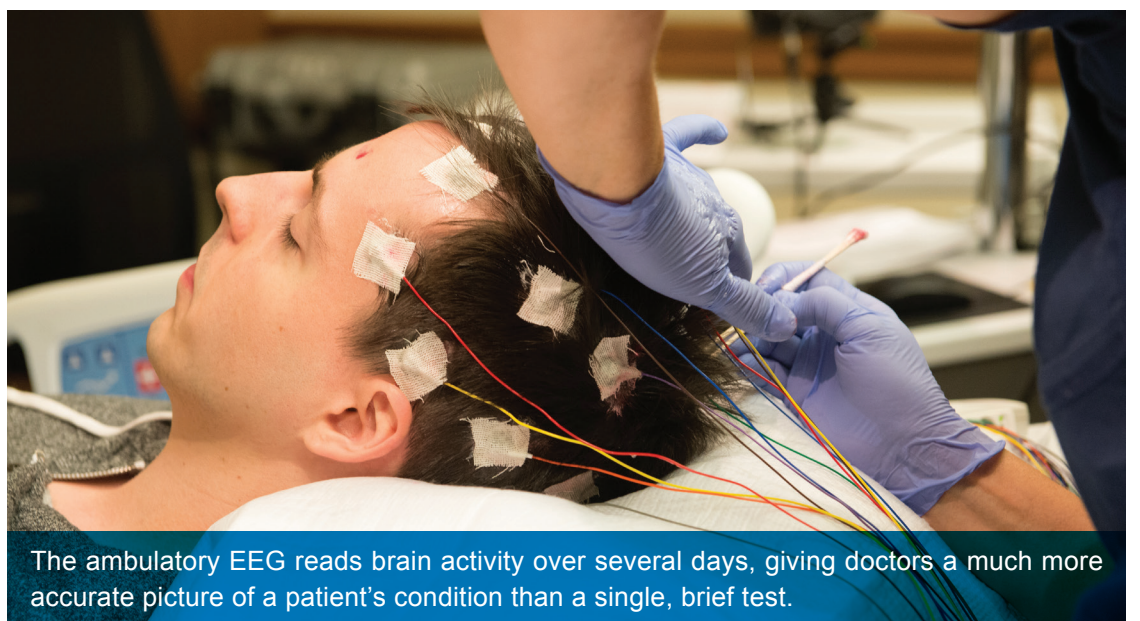
\$0  \$50M

\$21,916,858

Our incredible community has contributed \$21.9 million so far toward our \$50 million goal.

First On the Eastside

In 2018, support from the community helped the Overlake Neuroscience Institute open the first and only epilepsy clinic on the Eastside. Patients with seizure disorders can now receive diagnostic and treatment services close to home. Your support helped build a program with two epilepsy specialists and advanced diagnostic equipment, such as the ambulatory EEG. Patients are fitted with a cap of electrodes and wear it for several days, providing a much more complete picture of their brain activity than a single 20-minute test could provide. Still to come: an advanced epilepsy monitoring unit for in-hospital evaluations. Thank you.



The ambulatory EEG reads brain activity over several days, giving doctors a much more accurate picture of a patient's condition than a single, brief test.

Response to the Opioid Crisis

Every day seems to bring more challenges from the front lines of the opioid crisis. The Eastside has not been immune, and Overlake has developed several response mechanisms. Because we've seen high numbers of opioid-related problems in our emergency department, ambulatory clinics, childbirth center and even our senior health clinic, we have built a drug-monitoring component into our processes and are now developing a treatment program to help those in need. As an example, many seniors have multiple prescriptions from numerous providers and may have trouble keeping track of them all, leading to potential overdoses. We track down each prescription, eliminate duplicates and unneeded medications, and help patients simplify and manage their drug regimens. A comprehensive program is in development in our emergency department, thanks to our dedicated providers and strong community support for emergency services and community health. Thank you.

An Easier Test for Breast Cancer

Overlake clinicians conducted a pilot study of a blood test that may determine which women with abnormal or inconclusive mammography results are at low risk for invasive breast cancer. If proven effective, this technology will enable physicians to assess the likelihood of an invasive cancer with a simple blood test, potentially reducing the need for invasive biopsies.

Because mammography has a high rate of false positive or inconclusive results, many women must undergo painful and invasive tests to rule out cancer. In fact, 75 percent of women who have an ultrasound-guided biopsy will have a negative result, meaning no cancer has been found. The discomfort, expense, anxiety and stress that comes with the biopsy can hopefully be avoided for many of those women in the future with the new technology.

This multi-center prospective clinical trial enrolled 400 patients nationwide. Overlake's community-supported Cancer Center was the only participating site in Washington state. Thank you.

Keeping Our Community Well

With your help, Overlake provided over 750 community education and wellness events and services throughout the year. These included:

- Car seat safety checks.
- Women's health classes.
- Free health screenings and services, such as cholesterol tests, glucose tests and flu shots.
- Cancer support groups.
- Careers in Medicine, an event featuring a physician panel to introduce local high school students to the medical field.
- Overlake Mother's Milk Depot, which works in conjunction with the Mother's Milk Bank of Colorado to provide donated breastmilk for premature, sick or fragile infants.



Local high school students got a chance to explore their interests at Overlake's Careers in Medicine event.

Overlake By the Numbers

Fiscal Year 2018



1,481

Total number of donors



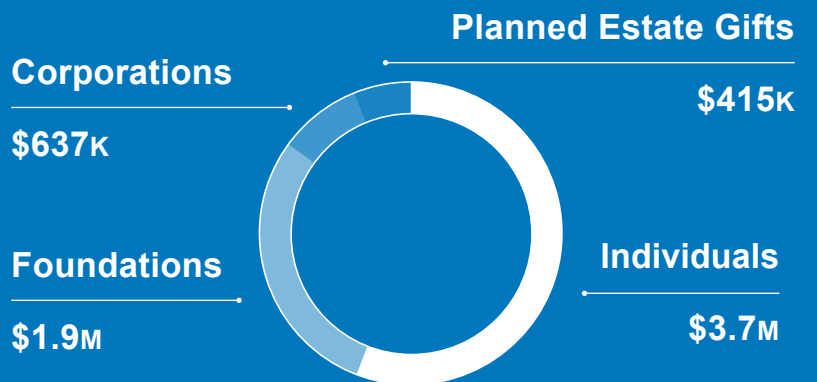
291

Number who joined the Circle of Excellence by giving \$1,000 or more

\$6,721,612

Total amount donated

DONATIONS BY SOURCE



3,069

Patients who received financial assistance

\$7 million

Financial assistance provided to patients

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\$1 Million +

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