

# OVERVIEW

A newsletter for friends of the Overlake Medical Center Foundation

## Welcome!

You are reading the inaugural issue of *Overview*, a newsletter for friends and supporters of Overlake Medical Center. With *Overview*, you'll stay in the loop as we print news and updates on programs and services. Your support is vital to the hospital and the community and we put your contributions to use every day, providing world-class health care right here on the Eastside. Thank you.

## We want to hear from you!

We welcome your feedback on this or future editions of *Overview*. Have a question, a comment, an idea for a story, a spring gardening tip, or an awesome recipe for arugula pizza? Email us at [foundation@overlakehospital.org](mailto:foundation@overlakehospital.org) or call 425-688-5525.

## Mental Health Care at Overlake

### *You Made a Difference*

Last year, your contributions at the Bandage Ball benefited Overlake's Mental Health program. Thanks to your generous help, some big changes are happening.

### Healing Environment

Let's start with the basics. With your help, patients in the mental health unit are getting new, comfortable and attractive furniture in their rooms as well as shiny new fixtures with modern safety features in their bathrooms.



*A big "thank you" from Shiela Gould, Behavioral Health Services Manager and Mark Forrest, Director of Outpatient Psychiatry.*

### Community Access

Your support helped launch a pilot program in which a psychiatrist works on-site at a primary care clinic, making mental health services much more accessible. Studies show that when patients have to travel to another office in order to see a psychiatrist, an alarming number of them just don't go. The pilot program you helped establish will expand to additional primary care clinics in the future. When the new, fully integrated Cancer Center opens (more about that on page 3), mental health services will be available there as well.

### Outreach

As you know, there's a lot of stigma and fear around mental illness. With your help, we are reaching out to the community with educational materials and resources to connect people to the care they need.

### Leading-Edge Care

Thanks to you, Overlake is the first hospital in the nation to launch a mental health registry. That means doctors will be better able to coordinate care and provide treatment in accordance with a patient's mental health needs. Care is always delivered in a respectful manner that protects the patient's privacy.

### Thank You

"This is the only hospital and community I know of where a big fundraiser was used to support mental health," says Shiela Gould, Behavioral Health Services Manager at Overlake. "I cannot say thank you enough."

## Office of the Foundation & Auxiliaries

Phone: 425-688-5525

Fax: 425-688-5642

General Inquiries:

foundation@  
overlakehospital.org

Mailing address:

1035 116th Ave NE  
Bellevue, WA 98004

Physical address:

Overlake Medical Pavilion  
1231 116th Ave NE, Suite #500  
Bellevue, WA 98004

[www.overlakehospital.org/support](http://www.overlakehospital.org/support)

## Learn More

To learn more about establishing a named endowment or contributing to the jointly funded Trailblazer Endowment, please contact Stephanie Taylor Stewart at 425-688-5452 or [stephanie.stewart@overlakehospital.org](mailto:stephanie.stewart@overlakehospital.org).

# Your Support at Work For Generations to Come

When you set up an endowment at Overlake, your gift just keeps on giving. Your fund is invested by professionals and overseen by the hospital's Board of Directors. As the money grows, the income it produces is used to support the hospital. The original amount remains intact so it can provide an annual income stream indefinitely. (The oldest known endowment was established at Oxford University in 1249!)

Longtime Eastside residents Donn and Pat Roberts established their endowment, the Donn and Patricia Roberts Endowment Fund, in 2012. They wanted to help ensure that their community's hospital had a strong, enduring base of support. "It's good for the strength of the organization if you have several million dollars in endowments," says Donn. "Look at the Stanfords and the Harvards."

Donn and Pat put no restrictions on their endowment, leaving Overlake free to use the funds wherever they are needed most. The annual amount might go towards charity care—Overlake never turns away a patient who can't pay—or the Cancer Center or additional training opportunities for staff. Each year, the fund plays a part in providing world-class care.

"Starting an endowment supports our philanthropic wish to make sure there's a great hospital in our community," says Donn. Thank you, Donn and Pat!



*Donn and Pat Roberts set up an endowment fund to support their hospital into the future.*

## The Pulse! of the Eastside

In 2015, Rachele Bouchand joined as co-chair and Foundation board representative for Overlake's Pulse! Network, a group of community members ages 45 and under that support and raise awareness for Overlake Hospital. Although busy with a successful career in financial planning and involvement in Bellevue Rotary and the French American Chamber of Commerce, it was important to Rachele to find time to support Overlake.

"Good health care doesn't only help the individual, it helps the community thrive as a whole," says Rachele. "I like that I'm helping contribute to new technologies and uncompensated care. The bonus is that I get to spend time with other like-minded people and have fun doing so."

Throughout the year, Pulse! hosts fun and engaging events that provide networking, social, and leadership opportunities. Rachele also points out that, "Pulse! donors represent up-and-coming leaders in a variety of industries, and businesses can find deeper connections in the community by being involved in the Pulse! Corporate Mentorship program."

Learn more and get involved at [www.OverlakePulse.org](http://www.OverlakePulse.org).



*Rachele Bouchand (left) with fellow Pulse! Leadership Council members Brittany Barker and Tiffany Williams.*

*Photo Credit: Anna Hoychuk*

# Cancer Center Campaign: You Can Seal the Deal Right Now

In the spring of 2017, with your help, Overlake's new, state-of-the-art, fully integrated Cancer Center will open its doors. We set out to raise half the cost of the \$20 million project through community philanthropy and you really came through. So far, you have contributed \$9.2 million of our \$10 million goal. Thank you!



Cancer survivor Breeze Dahlberg tells her story at the Cancer Center ground breaking ceremony.

Overlake “broke ground” on the new Center in January, and day by day we are building a truly patient-centered facility. All services and treatments will be provided in one place, meaning cancer patients will not have to travel to other offices in other buildings with other check-in desks and more paperwork. And the new Center will integrate critical support services like mental health and social work as well as non-traditional therapies such as acupuncture.

Your contributions got this project in motion, and with your continuing commitment, the Eastside will have a world-class cancer program to care for your friends, neighbors, and family members. Cancer can strike anywhere. The patient might even be you.

Please take a moment to send a donation—even if you have already given—to help close out the Cancer Center Campaign. We are so close! You can take it to the top for outstanding cancer care right here in your community. Thank you.

## DIRECT DESIGN

When Overlake set out to design a new Cancer Center, they went straight to the experts: cancer patients. Through the whole process, patients and their families were involved in decision-making, letting the planners and architects know what the new center needed to make it comfortable, welcoming, and easy to navigate. Patients weighed in on everything from the location of the supply closet to the number of bathrooms. Their input guided the planning, start to finish.

Thanks to you, this patient-centering Cancer Center will be up and running next year, setting a new standard for care in the region. Thank you.

A graphic for the Overlake Medical Center Bandage Ball event. It features a central white circle with the text "THE POWER OF NURSING" in red. Radiating from this circle are numerous colorful, translucent ribbons in shades of green, blue, orange, and purple, creating a fan-like effect. Below the graphic, the text reads: "SATURDAY, MAY 14, 2016 HYATT REGENCY BELLEVUE", "OVERLAKE MEDICAL CENTER", "BANDAGE BALL" (with a bow tie icon), "SUPPORT EXCEPTIONAL CARE", "For more information on how to get involved and support this great event, visit www.bandageball.org", "PLATINUM SPONSOR", and "KeyBank Foundation" with the KeyBank logo.

**THE POWER OF NURSING**

**SATURDAY, MAY 14, 2016  
HYATT REGENCY BELLEVUE**

OVERLAKE MEDICAL CENTER  
**BANDAGE BALL**

**SUPPORT EXCEPTIONAL CARE**

For more information on how to get involved and support this great event, visit  
[www.bandageball.org](http://www.bandageball.org)

PLATINUM SPONSOR  
**KeyBank Foundation**



**OVERLAKE**  
MEDICAL CENTER

1035 116th Avenue NE  
Bellevue, WA 98004

FOUNDATION

## Grateful thanks to the generous sponsors of Bandage Ball 2016

*Platinum*

# KeyBank Foundation



*Premier*



Arthur J. Gallagher & Co.  
BUSINESS WITHOUT BARRIERS™



CAREAGE  
SENIOR LIVING



Harvest Capital Advisors  
A Financial Advocacy Firm

PREMERA | 

BLUE CROSS

An Independent Licensee of the Blue Cross Blue Shield Association

OGDEN  
MURPHY  
WALLACE  
ATTORNEYS

**RCI**

RENTON COLLECTIONS INC.  
www.rentoncollections.com 425-255-8231

*Benefactor*

First Choice Health, GLY, Group Health, Heathcare Realty, HMI, Honeywell,  
Matrix Anesthesia, NBBJ, Radia Inc., PS, U.S. Bank

*Airline Sponsor*



**DELTA**

*Media Sponsor*

**425Business**  
MAGAZINE