

## ADJUSTABLE GASTRIC BANDING REVIEW QUIZ

Name \_\_\_\_\_.

**Please answer the following questions to assess your understanding of bariatric surgery.**

- T F Weight loss surgery is only one part of a successful weight loss program.
- T F Diabetes, high blood pressure and back pain are **guaranteed** to get better after surgery.
- T F The mortality rate for gastric banding is the lowest of all bariatric procedures.
- T F Weight loss is guaranteed after laparoscopic adjustable gastric banding.
- T F Behavior modification is an important part of bariatric surgery and will enhance the success of weight loss.
- T F After surgery, I will be able to eat anything I want and as much as I want and still lose weight.
- T F After the first year, I won't need to see the bariatric surgery team for follow up anymore.
- T F The laparoscopic adjustable band is a temporary device to lose weight.
- T F The purpose of the preoperative diet is to shrink the size of the liver.
- T F Vomiting, fever or severe pain is NOT normal after surgery.
- T F It is possible that emotional difficulties may occur after surgery because of the many life styles changes.
- T F Exercise has no affect on the amount of weight that I will lose after surgery.
- T F Alcohol consumption is not recommended after bariatric surgery.
- T F Attending monthly support group meetings is important for long term success.
- T F Once I have bariatric surgery, weight gain is not possible.
- T F Sometimes re-operation is necessary due to bleeding, erosion, slips, occlusion and esophageal dilatation.
- T F Complications are always infrequent and minor, so it is important not to bother the doctor after hours.
- T F Weight loss following gastric banding is rapid and comparable to the gastric bypass procedure.
- T F The band can be adjusted using a port located under the skin.
- T F The laparoscopic adjustable gastric band procedure is the simplest bariatric procedure with the lowest risk of complications.

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Signature

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Date