

GASTRIC BYPASS REVIEW QUIZ

Name _____.

Please answer the following questions to assess your understanding of bariatric surgery.

- T F Weight loss surgery is only one part of a successful weight loss program.
- T F Diabetes, high blood pressure and back pain are guaranteed to get better after surgery.
- T F Staple or suture lines may leak.
- T F Behavior modification is an important part of bariatric surgery and will enhance the success of weight loss.
- T F After surgery, I will be able to eat anything I want and as much as I want and still lose weight.
- T F On **rare** occasions, a re-operation is sometimes necessary due to bleeding, hernias, ulcers, leaks or obstruction.
- T F After the first year, I won't need to see the bariatric surgery team for follow up anymore.
- T F Gastric bypass can have immediate effects on diabetes.
- T F The purpose of the preoperative diet is to shrink the size of the liver.
- T F Vomiting, fever or severe pain is NOT normal after surgery.
- T F It is possible that emotional difficulties may occur after surgery because of the many life styles changes.
- T F After gastric bypass surgery, sugars & high fat foods may cause dumping syndrome.
- T F Symptoms of dumping may include bloating, cramps, lightheadedness, fast heart rate, sweating.
- T F After the first year, I won't have to take vitamins anymore.
- T F Exercise has no affect on the amount of weight that I will lose after surgery.
- T F Alcohol consumption is not recommended after bariatric surgery.
- T F Attending monthly support group meetings is important for long term success.
- T F Once I have bariatric surgery, weight gain is not possible.
- T F After gastric bypass, it is recommended to avoid sodas, candy, sweet fruit, milkshakes and sweetened cereals.
- T F Complications are always infrequent and minor, so it is important not to bother the doctor after hours.

Signature

Date