Name ________________________________________________________

Please answer the following questions to assess your understanding of bariatric surgery.

T  F  Weight loss surgery is only one part of a successful weight loss program.
T  F  Diabetes, high blood pressure and back pain are guaranteed to get better after surgery.
T  F  Staple or suture lines may leak.
T  F  Behavior modification is an important part of bariatric surgery and will enhance the success of weight loss.
T  F  After surgery, I will be able to eat anything I want and as much as I want and still lose weight.
T  F  On rare occasions, a re-operation is sometimes necessary due to bleeding, hernias, ulcers, leaks or obstruction.
T  F  After the first year, I won’t need to see the bariatric surgery team for follow up anymore.
T  F  Gastric bypass can have immediate effects on diabetes.
T  F  The purpose of the preoperative diet is to shrink the size of the liver.
T  F  Vomiting, fever or severe pain is NOT normal after surgery.
T  F  It is possible that emotional difficulties may occur after surgery because of the many life styles changes.
T  F  After gastric bypass surgery, sugars & high fat foods may cause dumping syndrome.
T  F  Symptoms of dumping may include bloating, cramps, lightheadedness, fast heart rate, sweating.
T  F  After the first year, I won’t have to take vitamins anymore.
T  F  Exercise has no affect on the amount of weight that I will lose after surgery.
T  F  Alcohol consumption is not recommended after bariatric surgery.
T  F  Attending monthly support group meetings is important for long term success.
T  F  Once I have bariatric surgery, weight gain is not possible.
T  F  After gastric bypass, it is recommended to avoid sodas, candy, sweet fruit, milkshakes and sweetened cereals.
T  F  Complications are always infrequent and minor, so it is important not to bother the doctor after hours.

Signature ___________________________ Date ___________________________