

## Quality Care for Busy Patients

*Overlake's new clinic in downtown Bellevue offers easy access to excellent medical care*

Finding a doctor on the Eastside can be challenging because of the shortage of primary care physicians in our area. Add in today's jam-packed schedules, and it's no surprise many people skip important wellness visits and regular checkups.

With this in mind, Overlake is expanding its network of physicians and clinics, including its newest clinic in downtown Bellevue. Located at 108th Ave. NE and NE 4th St., less than a block from the Bellevue transit center, the new 6,000-square-foot clinic is convenient for those who live or work in downtown Bellevue. The clinic just opened in October, and now employees of companies like Microsoft, Expedia, Eddie Bauer and Puget Sound Energy, as well as downtown residents, are just steps away from quality care.

In its early planning, Overlake met with area employers to ask what their workers needed, and it was clear that adult primary care medicine was a high priority. In response, the new clinic provides adult preventive care—including annual exams, and men's and women's health screenings—as well as care for acute and chronic conditions.



### OVERLAKE MEDICAL CLINICS DOWNTOWN BELLEVUE

Washington Federal Bank Building  
400 108th Ave. NE  
425-635-6350

Monday through Friday  
8 a.m. to 6 p.m.  
[www.overlakehospital.org/clinics](http://www.overlakehospital.org/clinics)



Alex De Moraes, MD

"Everyone needs a good primary care physician to serve as their partner in health and wellness," says Alex De Moraes, MD, associate medical director of Overlake Medical Clinics Downtown Bellevue. "If and when needed, we can also help patients manage acute and chronic conditions like a broken bone, diabetes, anemia and cardiovascular disease."

The new clinic has 12 patient rooms and one procedure room, and is staffed by Dr. De Moraes, a family practice physician; Sai Mannem, MD, an internal medicine physician; and Susan Marcolina, MD, FACP, an internal medicine physician. One more internist will join the clinic this winter, along with an advanced registered nurse practitioner.

The clinic offers same-day appointments in most cases, and patients can get in and out quickly, perhaps on their break or lunch hour.

To that end, the clinic's layout was designed to help the staff move through the space efficiently. The clinic's interior offers a comforting patient experience with a design that reflects Pacific Northwest style, incorporating soothing colors, lots of natural light and healing artworks by local glass artist James Curtis and photographer Henry Domke, a retired physician.

Every morning, the team meets to strategize the patient flow for that day, and each room's placement of equipment and supplies is standardized, so staff members can quickly find items they need. Right in the exam room, the doctor can access the patient's medical record via computer, add prescriptions or future appointments, make specialist referrals, and print out educational handouts. "We also have an in-house lab that offers point-of-care testing and results," says Dr. De Moraes.

A convenient location is key for busy people in need of quality healthcare, and that's what the clinic provides. As Dr. De Moraes says, "Placing the clinic right in the heart of downtown and creating an open-access model allows people to walk a few blocks see their doctor and get back to their home or office quickly."