Name ________________________________.

Please answer the following questions to assess your understanding of bariatric surgery.

T  F  Weight loss surgery is only one part of a successful weight loss program.

T  F  Diabetes, high blood pressure and back pain are guaranteed to get better after surgery.

T  F  There is no long term data with regard to the effectiveness of the sleeve gastrectomy on the resolution of medical problems such as high blood pressure, diabetes and sleep apnea.

T  F  Staple or suture lines may leak.

T  F  Behavior modification is an important part of bariatric surgery and will enhance the success of weight loss.

T  F  After surgery, I will be able to eat anything I want and as much as I want and still lose weight.

T  F  On rare occasions, a re-operation is sometimes necessary due to bleeding, ulcers, leaks or obstruction.

T  F  After the first year, I won't need to see the bariatric surgery team for follow up anymore.

T  F  The sleeve Gastrectomy is a relatively new procedure with no long term data.

T  F  The purpose of the preoperative diet is to shrink the size of the liver.

T  F  Vomiting, fever or severe pain is NOT normal after surgery.

T  F  It is possible that emotional difficulties may occur after surgery because of the many life styles changes.

T  F  After the first year, I won't have to take vitamins anymore.

T  F  Exercise has no effect on the amount of weight that I will lose after surgery.

T  F  Alcohol consumption is not recommended after bariatric surgery.

T  F  Attending monthly support group meetings is important for long term success.

T  F  Once I have bariatric surgery, weight gain is not possible.

T  F  A second stage operation may be necessary after a sleeve Gastrectomy.

T  F  After sleeve Gastrectomy, you will have to take vitamins and mineral supplements for the rest of your life.

T  F  Complications are always infrequent and minor, so it is important not to bother the doctor after hours.

__________________________  _____________________________
Signature                     Date